

*Cleveland Clinic Digestive Disease Institute presents...*

7TH ANNUAL

# Updates in General Surgery

**Jan. 31–Feb. 3, 2025**

Viewline Resort Snowmass  
Snowmass Village, Colorado

**ABS MOC  
Self-  
Assessment  
credits**

## **PRIMARY ACTIVITY DIRECTOR**

**Michael Rosen, MD**

Professor of Surgery  
Cleveland Clinic Lerner  
College of Medicine  
Director, Comprehensive  
Hernia Center  
Department of General Surgery  
Digestive Disease Institute  
Cleveland Clinic, Cleveland, OH



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# Updates in General Surgery

## **COURSE DESCRIPTION**

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Technology for general surgery is constantly evolving. This course will provide an interactive and comprehensive experience focusing on management and treatment options from a general surgical perspective.

The goal of the Cleveland Clinic presents Updates in General Surgery is to provide an atmosphere to foster collaboration, innovation and sharing a cost-effective diagnostic approach for patients with complex general surgery cases involving hernia, colorectal and trauma surgery. Foregut, biliary, oncological, endoscopy, and GI-related topics will also be discussed, along with a variety of topics affecting the rural/community surgeon.

We will cover what is new in enhanced recovery protocols and offer interactive sessions consisting of cases and questions and answers. American Board of Surgery (ABS) Maintenance of Certification (MOC) self-assessment credits will be offered. Great refresher course for ABSITE training exam.

## **EDUCATIONAL OBJECTIVES**

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After completing this educational activity, the participant will be able to do the following:

- Describe the indications and contraindications for managing various cases of ventral and inguinal hernia repairs
- Discuss management strategies for biliary disease, including surgical and endoscopic therapies
- Discuss management and prevention strategies for common bile duct stones, biliary injuries, and difficult cholecystectomies
- Review management of short bowel obstruction
- Outline how to manage traumatic injuries with limited resources
- Describe the principles of stabilization after traumatic injuries and transfer to higher level of care
- Identify resuscitative strategies in acute trauma patients
- Discuss evidence-based and cost-effective diagnostic approach for patients with common benign and malignant colorectal cases
- Identify emergency airway control in under resourced areas

## **TARGET AUDIENCE**

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This interactive, comprehensive event is designed for general surgeons, colorectal and speciality, fellows, residents and other medical professionals.

# ral Surgery

## FACULTY

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### PRIMARY ACTIVITY DIRECTOR

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#### **Michael Rosen, MD**

Professor of Surgery  
Cleveland Clinic Lerner College of Medicine  
Director, Comprehensive Hernia Center  
Department of General Surgery  
Digestive Disease Institute  
Cleveland Clinic, Cleveland, OH

### CLEVELAND CLINIC FACULTY

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**Kristen Ban, MD**

**Lucas Beffa, MD**

**Bradley Champagne, MD**

**Jeffrey Claridge, MD**

**Emre Gorgun, MD, MBA**

**Daniel Joyce, MD**

**Arielle Kanters, MD**

**Cathleen Khandelwal, MD**

**David Krpata, MD**

**Emanuele Lo Menzo, MD**

**Kimberly Marko, APRN**

**David Maron, MD**

**Benjamin Miller, MD**

**Clayton Petro, MD**

**Jessica Philpott, MD, PhD**

**Hassan Siddiki, MD**

**Robert Simon, MD**

**Samuel Szomstein, MD**

### GUEST FACULTY

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#### **Kenji Inaba, MD**

Professor of Surgery (Clinical Scholar), Keck School of Medicine of USC  
Director, General Surgery Program, Vice Chair, Department of Surgery  
Chief, Trauma, Emergency Surgery, and Surgical Critical Care  
LAC+USC Medical Center, Los Angeles, CA

#### **Justin A. Maykel, MD**

Joseph M. Streeter and Mary Streeter DeFeudis  
Endowed Chair in Surgery  
Chief, Division of Colorectal Surgery,  
UMass Memorial Medical Center  
Professor, University of Massachusetts Medical  
School, Worcester, MA

### CO-ACTIVITY DIRECTORS

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#### **Ajita Prabhu, MD**

Professor of Surgery, Cleveland Clinic  
Lerner College of Medicine  
Director, Cleveland Clinic General  
Surgery Residency Program  
Staff Surgeon, Department of  
General Surgery  
Digestive Disease Institute,  
Cleveland Clinic

#### **David R. Rosen, MD**

Assistant Professor of Surgery,  
Cleveland Clinic Lerner College  
of Medicine  
Chief, Section of Colorectal Surgery,  
Cleveland Clinic Fairview Hospital  
Department of Colorectal Surgery  
Digestive Disease Institute

#### **Scott R. Steele, MD, MBA**

Professor of Surgery, Cleveland Clinic  
Lerner College of Medicine  
President, Cleveland Clinic, Main  
Campus Submarket  
Department of Colorectal Surgery,  
Digestive Disease Institute,  
Cleveland Clinic

*"My fourth year coming. It's the most clinically relevant conference I've attended. The casualness and friendliness helps in the engagement of the audience. Excellent speakers. I like that the talks are by surgeons that operate frequently but also have a research background. See you guys next year."*

– Comment from 2024 course attendee

# AGENDA Friday, January 31, 2025

Co-Activity Director: *Scott R. Steele, MD*

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## SESSION 1: COLORECTAL

### Morning Session

- 5:30 am Breakfast / Exhibits
- 6:30 am Introduction to Course  
*Michael Rosen*
- 6:40 am Welcome  
*Scott R. Steele*
- 6:45 am Hemorrhoids – Office or OR  
*David Rosen*
- 6:55 am Anal Fissure – Primary & Recurrent  
*Bradley J Champagne*
- 7:05 am Abscess / Fistula – Pelvic Spaces & Highways of Pus  
*Kristen Ban*
- 7:15 am Evaluation & Management of Anal Intraepithelial Neoplasia  
*Arielle Kanters*
- 7:25 am Pilonidal Disease – Not Your Typical “Jeep Disease”  
*Emre Gorgun*
- 7:40 am **PANEL 1:**  
“Welcome to My OR – How I Do It”:  
Review of Techniques:
- Hemorrhoidectomy and Thrombosed Hemorrhoidectomy  
*David Rosen*
  - LIS +/- Flap  
*Bradley Champagne*
  - EUA & Seton Placement / Fistulotomy / Drainage of Complex Abscess  
*Kristen Ban*
  - PAP and HRA  
*Arielle Kanters*

- Pilonidal Flaps  
*Emre Gorgun*
- 8:40 am Break / Exhibits
- 8:55 am **PANEL 2:**  
Leaks & Tics
- Leaks: Overview  
*Justin A Maykel*
  - Tics: Overview  
*David Maron*
- 10:00 am Adjourn
- ### Afternoon Session
- 3:15 pm Apres Ski Snacks / Exhibits
- 4:00 pm Introduction & Morning Recap  
*Scott Steele*
- 4:05 pm Advanced Endoscopy – EMR and Beyond  
*Emre Gorgun*
- 4:15 pm Pelvic Floor for the General Surgeon  
*Kristen Ban*
- 4:25 pm Robotics Part 1: The Complex Abdomen – Technique  
*Arielle Kanters*
- 4:35 pm Robotics Part 2: Pelvis & Lateral Compartment – Technique  
*David Rosen*
- 4:45 pm Colon Cancer Update  
*Bradley Champagne*
- 4:55 pm Rectal Cancer Update  
*Justin Maykel*
- 5:05 pm **PANEL 3:**  
Cases / Q & A / Discussion  
*All Faculty*
- 6:45 pm Closing Thoughts and Recap
- 7:00 pm Adjourn

# AGENDA Saturday, February 1, 2025

Co-Activity Director: *Ajita Prabhu, MD*

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## SESSION 2: HERNIA

### Morning Session

- 6:30 am Morning Intro  
*Michael Rosen*
- 6:40 am Shouldice! How I Do It (Videos)  
*Michael Rosen*
- 6:55 am Open Inguinal Hernia Repair – How I Do It (Videos)  
*Samuel Szomstein*
- 7:10 am Sports Hernia – Who, What, When, Where, Why?  
*David Krpata*
- 7:25 am MIS Inguinal Hernia Repair – How I Do It (Videos)  
*Clayton Petro*
- 7:40 am Chronic Groin Pain After Inguinal Hernia Repair – Now What?  
*David Krpata*
- 7:55 am Hernia Alphabet Soup – Keep It Simple, Stupid  
*Michael Rosen*
- 8:10 am Show Me the Money – How Do I Bill For Hernia Repair?  
*Emanuele Lo Menzo*
- 8:25 am Panel Discussion
- 8:40 am Break / Exhibits
- 8:55 am What Type of Mesh Should I Use and When?  
*Benjamin Miller*
- 9:10 am Controversies in MIS Hernia Repair  
*Samuel Szomstein*
- 9:25 am Open IPOM – When and How I Do It (Videos)  
*Emanuele Lo Menzo*
- 9:40 am Panel Discussion
- 10:00 am Adjourn

Saturday, February 1, 2025 (continued)

## SESSION 2: HERNIA

Co-Activity Director: *Ajita Prabhu, MD*

### Afternoon Session

3:15 pm	Apres Ski Snacks / Exhibits	5:00 pm	Rosen Left Town: Dealing With Our Partner's Complications <i>Clayton Petro</i>
4:00 pm	Are We Over-Optimizing for Hernia Repair? <i>Benjamin Miller</i>	5:30 pm	Panel Discussion
4:30 pm	Umbilical Hernias in Cirrhotics <i>Ajita Prabhu</i>	6:00 pm	Break / Exhibits
4:45 pm	Fight or Flight? Staging or Biting the Bullet <i>Lucas Beffa</i>	6:15 pm	Hernia Consult Clinic <i>Lucas Beffa</i>
		7:00 pm	Adjourn

*"This was one of the best CME events that I have ever attended. It presents practical and useful information to the general surgeon."*

## AGENDA Sunday, February 2, 2025

Co-Activity Director: *Michael Rosen, MD*

### SESSION 3: RURAL & GENERAL SURGERY PART 1: POTPOURRI

#### Morning Session

5:30 am	Breakfast / Exhibits		
6:30 am	Introduction to the Day <i>Michael Rosen</i>		
6:35 am	Inpatient Emergency Endoscopic Tips and Tricks <i>Jessica Philpott</i>	8:35 am	Robotics in Acute Care Surgery and Rural General Surgery. Where Do We Stand in 2025? <i>Ajita Prabhu</i>
6:50 am	Foreign Body Retrieval. I Can Get That Out of There, So You Don't Have to Go in There! <i>Hassan Siddiki</i>	8:50 am	A Practical Approach to Managing SBO. Is Gastrografin Challenge the Answer? <i>Clayton Petro</i>
7:05 am	How to Medically Manage IBD Patients in Your Rural Surgery Practice. A Gastroenterologists Perspective <i>Jessica Philpott</i>	9:05 am	Appendectomy – Is it Still a Surgical Disease? <i>Jeff Claridge</i>
7:20 am	How to Incorporate Endoluminal Functional Lumen Imaging Probe (Endoflip) into Your Foregut Practice. A Practical Approach <i>Luke Beffa</i>	9:20 am	How to Successfully Set Up a Medical Weight Loss Program to Supplement Your Preoperative Optimization for Your Surgical Patients <i>Kim Marko</i>
7:35 am	Everything You Wanted to Know About Treating Diarrhea and Constipation But Were Afraid to Ask <i>Jessica Philpott</i>	9:35 am	What We Do in the OR and the Effect on the Environment. A Sustainability Approach to Surgery Using Life Cycle Analysis <i>Ben Miller</i>
7:50 am	Panel Discussion <i>All Faculty</i>	9:50 am	Panel Discussion <i>All Faculty</i>
8:05 am	Break / Exhibits	10:00 am	Adjourn
8:20 am	Managing Malignant Bowel Obstructions. When to Intervene, What to Do and How to Offer Palliative Surgical Care <i>Dan Joyce</i>		

*"It continues to be the only conference I am excited to attend. It covers every day surgery practice topics, in a collegial, collaborative and interactive approach, for enhanced learning. Great way to spend time with colleagues, speakers, and family!"*

Sunday, February 2, 2025 (continued)

**SESSION 3: RURAL & GENERAL SURGERY PART 2: BILIARY EXTRAVAGANZA**

**Afternoon Session**

- |         |  |         |   |
|---------|--|---------|---|
| 3:15 pm | Apres Ski Snacks / Exhibits  | 5:50 pm | Panel Discussion<br><i>All Faculty</i>  |
| 4:00 pm | Morning Recap<br><i>Michael Rosen</i>  | 6:00 pm | Break / Exhibits  |
| 4:35 pm | Managing Cholecystostomy Tubes: When to Put Them In and When to Operate?<br><i>David Krpata</i>  | 6:15 pm | Timing of Cholecystectomy Post Biliary Pancreatitis. Wait it Out or Just Get it Out?<br><i>Luke Beffa</i> |
| 4:50 pm | Endoscopic Management of CBD Stones in Complex Cases Like Post Gastric Bypass<br><i>Hassan Siddiki</i>   | 6:30 pm | Practical Pathways to Managing Biliary Disease. How We Do It<br><i>Ben Miller</i>                         |
| 5:05 pm | Laparoscopic CBDE. Making it Feasible for the Practicing Surgeon, Tips and Tricks<br><i>Ben Miller</i>   | 6:45 pm | I Just Cut the Common Bile Duct and I'm On My Own. What Should I Do?<br><i>Rob Simon</i>                  |
| 5:20 pm | Bailout Options During Difficult Cholecystectomies: Subtotal, Fenestrated, or Just Open? A Practical Algorithm<br><i>Rob Simon</i>   | 7:00 pm | Operative Nightmares in Gallbladder Surgery. A Night at the Movies<br><i>Rob Simon</i>                    |
| 5:35 pm | Management of the Incidentalomas Including Liver Lesions, Gallbladder Polyps, Pancreatic Cysts, and Appendiceal Masses. What Every Practicing General Surgeon Should be Aware Of<br><i>Dan Joyce</i> | 7:20 pm | Panel Discussion<br><i>All Faculty</i>  |
|         |  | 7:30 pm | Adjourn   |

*"I love this conference. I don't even ski and this is my 4th time coming. It is incredibly high yield and the speakers/sessions are always excellent. I will make a point to attend this conference as much as I can."*

**AGENDA Monday, February 3, 2025**

Activity Director: *David Rosen, MD*

**SESSION 4: TRAUMA**

- |         |  |          |   |
|---------|--|----------|---|
| 6:00 am | Breakfast  | 8:05 am  | It's Hot in Here: Burn Management<br><i>Cathleen Khandelwal</i>   |
| 6:30 am | Welcome<br><i>David Rosen</i>  | 8:25 am  | Always Straight to OR? Workup and Management of Penetrating Abdominal Trauma<br><i>Jeffrey Claridge</i> |
| 6:35 am | Crystalloid, Colloid, Blood? Resuscitation in Trauma<br><i>Cathleen Khandelwal</i> | 8:45 am  | Tasers, Beanbags, Pepper Spray, Oh My! Less Lethal Weapon Injuries<br><i>Kenji Inaba</i>                |
| 6:55 am | ER to OR to ICU: Reducing Infection in Trauma Patients<br><i>Jeffrey Claridge</i>  | 9:05 am  | Panel Discussion / Q&A  |
| 7:15 am | From Tubes to Thoracotomies: Managing Thoracic Trauma<br><i>Kenji Inaba</i>        | 9:30am   | Case Presentations  |
| 7:35 am | Panel Discussion / Q&A   | 10:00 am | Adjourn   |
| 7:50 am | Break  |          |   |

*"Excellent conference overall. Topics were great and presentations were all excellent. You made it very easy to have attendees participate in discussions. Have been going to (another) conference for years, will be switching to yours."*

# GENERAL INFORMATION

## Location

### Viewline Resort Snowmass

100 Elbert Lane  
Snowmass Village, CO 81615  
Reservations: 970.742.0005  
(Mention group name: Cleveland Clinic)

\$509 per night (Standard Room)

Room block at the above group rate is limited and will expire by December 15, 2024, or **until block is full**. Early reservations are strongly encouraged.

**Register online at**  
[cfcme.org/UpdateGENSUR](https://cfcme.org/UpdateGENSUR)

### Fee includes:

Breakfast, Afternoon snacks each conference day

Category	On or before Nov. 30, 2024	After Nov. 30, 2024
Physician	\$995	\$1,095
Non-Physician	\$595	\$695
Resident/Fellow	\$595	\$695
Corporate	\$1,695	\$1,895

## Information

If you have any questions about the conference, contact Rita Rys at [rysr@ccf.org](mailto:rysr@ccf.org).

## Cancellation Policy

See registration website for cancellation policy.

## Americans with Disabilities Act

The Cleveland Clinic Foundation Center for Continuing Education fully intends to comply with the legal requirements of the Americans with Disabilities Act. If you need assistance, please notify us at [rysr@ccf.org](mailto:rysr@ccf.org) at least two weeks prior to the activity.

## Accreditation

In support of improving patient care, Cleveland Clinic Center for Continuing Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy

Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The Cleveland Clinic Foundation Center for Continuing Education designates this live activity for a maximum *22.0 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Participants claiming CME credit from this activity may submit the credit hours to the American Osteopathic Association for Category 2 credit.

This activity qualifies for 22.0 self-assessment credits toward Part 2 of the American Board of Surgery (ABS) and American Board of Internal Medicine (ABIM) Maintenance of Certification (MOC) Programs.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to:

- **ABIM MOC:** 22.0 Medical Knowledge MOC points in the ABIM MOC Assessment Recognition Program
- **ABS CC:** 22.0 Accredited CME and Self-Assessment credits toward ABS Continuous Certification Program

It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM and ABS credit.

Credit will be reported within 30 days of claiming credit.

## Faculty Disclosure

The Cleveland Clinic Foundation Center for Continuing Education has implemented a policy to comply with the current Accreditation Council for Continuing Medical Education Standards for Integrity and Independence requiring resolution of all faculty conflicts of interest. Faculty declaring a relevant commercial interest will be identified in the activity syllabus.

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**Cleveland Clinic**

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Cleveland, OH 44195

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