## **Cleveland Clinic**

Pediatric Epilepsy Support Group presents:

8th Biennial Pediatric Epilepsy Surgery Reunion

## Resilience in Recovery

















Friday July 28 - Saturday July 29, 2023

Embassy Suites Cleveland Rockside, Independence, OH www.ccfcme.org/pedsepilepsyreunion23

## A Message from the Reunion Directors

It is time for our 8th Biennial Pediatric Epilepsy Surgery Reunion, taking place July 28-29, 2023. Following our tradition to gather during the summer school break, we hope that many of you are able to join us to celebrate the successes and accomplishments of our patients and their family members

of our surgery program.

Welcome back to a forum where we understand each other in ways which can be comforting and can help reduce feelings of isolation and loneliness. Over the years, all of us have shared invaluable information and advice about our experiences and in the pro-



cess helped others understand what they are going through. Participants have offered support and shared coping strategies for dealing with challenges that come with epilepsy and epilepsy surgery. We have basked in the opportunity to connect with others who are, or have been in a similar situation allowing for meaningful relationships to form and for a sense of community to develop. And without a doubt, through shared resources, support and experiences, we all come away with a sense of empowerment as we put a shine to our quality of life.

## 2018 Reunion Highlights

In July 2018, 52 families from across the United States gathered in Cleveland to share their life experiences after epilepsy surgery. Some of them were a few months out from surgery



while others had years of journey behind them. They all brought a cheerful outlook for the future while remembering sobering moments from their previous challenges with seizures. The wealth of personal experiences set the stage for a remarkable learning experience for the attendees. Just like every reunion, the faculty of physicians and other experts facilitated stimulating discussions and a rehabilitation exposition for the families. The young attendees had fun engaging in age-specific supervised activities.

## Resilience in Recovery

#### Friday, July 28, 2023



#### Saturday, July 29, 2023

8:30 - 9:30 pm

7:30 am Breakfast Buffet 8:00 am Kid's Activities Drop-Off 8:30 am - 12 pm Concurrent Programs

	Parents Program
8:30 am	Opening Remarks Dr. Lachhwani
8:40 am	Seizure Free: Next Stop "Medicine Free"? Dr. Moosa Naduvil
8:50 am	Seizures Return: Is Reoperation an Option? Dr. Bingaman
9:00 am	Mental & Behavioral Health Dr. Falcone
9:10 am	Panel Discussion/Q&A with Faculty from Pediatric Epilepsy, Pediatric Surgery and Behavioral Health
10:00 am	Break
10:30 am	Sleep and Brain Health Dr. Shah
10:40 am	Nutrition and Brain Health Abby Opher, RD
10:50 am	Sports, Physical Fitness and Brain Health Joseph and Lina Mina
11:00 am	Panel Discussion/Q&A Faculty from Sleep, Nutrition and Sports/Physical Fitness

Hemispherectomy Group and Focal Resections Group Meeting for Parents

#### **Kids Program**

8:30 am - 12:00 pm

Music, Bubble Creations, Animals, Magician, Dance and MORE!

#### Young Adults Program

9:00 am - 10:00 am

Embracing Adulthood after Epilepsy Surgery Marie DeLord Chad Emery

#### Siblings Program

10:00 am - 11:00 am

Sibling Group meeting Dr. Pestana Knight Dr. Spurgeon

12:00 -1:30 pm **Lunch** 

1:30 - 3:30 pm Rehab and Community Support Expo, Face Painting, Art Therapy

3:30 pm Adjourn

#### Co-Directors

Elia Pestana Knight, MD Staff, Pediatric Epilepsy

William Bingaman, MD Vice Chairman, Neurological Institute Deepak Lachhwani, MD Staff, Pediatric Epilepsy

## Cleveland Clinic Faculty

Ana Arenivas, PhD, MPH
Pediatric Neuropsychology

Sarah Brown, LPCC, ATR

Group Psychotherapist, Art Therapist, Akron General

Marie DeLord

PESG Patient Ambassador

**Geraldine Depul, MD**Adult, Physical Medicine and Rehabilitation

Morgan Dolan, MS, CCLS Child Life Specialist

Chad Emery

PESG Patient Ambassador

**Tatiana Falcone, MD**Child and Adolescent Psychiatry

Ajay Gupta, MD
Pediatric Epilepsy

Patricia Klaas, PhD
Pediatric Neuropsychology

Prakash Kotagal, MD
Pediatric Epilepsy

Joseph Mina PESG Parent Ambassador Lina Mina

PESG Parent Ambassador

Erin Murdock, MD

Pediatric, Physical Medicine and Rehabilitation

Ahsan Moosa Naduvil, MD Pediatric Epilepsy

Abby Opher, RD
Pediatric Nutrition Services

Richard Rammo, MD Epilepsy Center

Demitre Serletis, MD, PhD Epilepsy Center

Vaishal Shah, MD Pediatric Sleep

Tammy Shella, PhD, ATR-BC
Arts and Medicine

Irene Wang, PhD Epilepsy Center

Elaine Wyllie, MD
Pediatric Epilepsy



#### Contact Us

For more information about the reunion:

- 1. Visit www.ccfcme.org/pedsepilepsyreunion23
- 2. Email WARBELA@ccf.org
- 3. Call 216-444-8012

#### Hotel Accommodations

Embassy Suites by Hilton Cleveland Rockside 5800 Rockside Woods Blvd. Independence, OH 44131

216.986.9900

A limited block of rooms has been reserved at the Embassy Suites Cleveland-Rockside. To make your reservations, contact the hotel and identify yourself as being with the **Pediatric Epilepsy Surgery Reunion** meeting for a special rate of \$119 (plus tax). Contact Embassy Suites directly at 216.986.9900 to make your hotel reservation by June 27, to receive the special rate(s). Room rate cannot be guaranteed after June 27.







### Registration and Cancellation

#### Pre-registration is required.

Pre-registrations are accepted until 5:00 pm ET, Tuesday, July 25, 2023. After July 25, please contact Shana Spade at **216.444.9380** or **spades@ccf.org**. A request for a refund must be received in writing by July 21, 2023. No refunds will be given after July 28, 2023.

#### Fees includes:

Friday dinner, Saturday breakfast, lunch and afternoon refreshment break.

Adults (13 and older)	\$30
Children (12 and under)	\$20

#### We are finally back and excited for this year's program.

Many families have been inspired to contribute to this cause, especially if they are unable to come in person. This year, we are creating a "family tree", to help you to represent our pediatric epilepsy surgery family. You could donate leaves with your name(s) and grow this tree, which we will display at the upcoming reunion. All proceeds will directly support the Pediatric Epilepsy Surgery Event.

For more information on how to make a leaf donation please visit:

https://give.ccf.org/PedsEpilepsyReunion



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The Cleveland Clinic Foundation 9500 Euclid Avenue, JJ42 Cleveland, OH 44195